November 2026 Newsletter

Parent Information

Upcoming Important date:
Christmas Concert DEC 10TH @ 1:00 PM

Breakfast Program open at 7:30 to 8 am. Open to all-enter in side door.

School Allergy(s)-Nut aware & All school district # 28 sites are scent/fragrance free.

Health & Wellness:
Reminder to parents/guardians to please do a health check of your student before sending them to school if they are feeling unwell. Please have them stay home to rest and get better before returning to school.

It is important to contact the school in the event your student will be absent or late.

The school remains open on days when the school buses are cancelled, **but please let us know if your child will be staying home due to buses being cancelled**.

Student absences can be reported three ways:

- **Call** the school 250-249-5913
- **Email** the school at bouchielake@sd28.bc.ca
- **Complete the online form** at: https://bouchielake.sd28.bc.ca/

Bell Schedule

8:10	First Bell Rings
8:15	Classes Begin
10:00	Recess Begins
10:15	Recess Ends
11:45	Lunch Begins (Play Time)
12:20	Lunchtime
12:40	Warning Bell
12:44	Afternoon Classes Begin
2:23	Dismissal

2074 Blackwater Rd, Quesnel BC V2J 7B3
Ph:250-249-5913 / Fax: 250-249-5610

Safety Drill

“Shake out”

This earthquake drill is to practice the appropriate procedures in the event that we experience an earthquake.

Fire

Fire drills are practiced regularly at all schools. These are done to ensure all staff and students are familiar with the procedure and evacuation routes in the event that we need to evacuate the school. The goal is to have the proper actions be an automatic response so that in the unlikely event the fire alarm sounds everyone can evacuate the building safely

Hold and Secure and Lock Down

A hold and secure event happens when there is the possibility that someone is in the vicinity that poses a possible risk to the school community. During a hold and secure students remain in the classrooms and continue with their learning activities until the threat risk has cleared. A lock down is a higher level threat in which we need to have the students remain very quiet in their classrooms. It is used in the event of an internal threat. It is a very rare occurrence that this is actually used, however it is one of the drills we will be practicing. A email will be sent home on the day we have this drill so that you are aware. It can be a difficult/traumatic drill for some students so we will prepare them ahead of time in order to alleviate the worry and stress for our students.
students.

NOVEMBER

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4 PAC Meeting @ 3:15 PM	5	6	7
8 National Indigenous Veterans Day	9	10 Remembrance Day Assembly 11:00 am	11 Remembrance Day No School 	12	13	14
15	16 Louis Riel Day	17	18	19	20	21
22	23 NI Day No School	24	25	26	27 Pajama Day 	28
29	30	1	2 PAC Meeting @ 3:15 PM	3	4	5

Monthly Reminders

WEATHER APPROPRIATE CLOTHING: Please remember to dress your child(ren) for the appropriate weather: Rain or Shine. Extra items for the wet, cold days. Hats and sunscreen for hot days.

ATTENTION PARENTS AND VISITORS: Our school is open between 8:00am and 3:30pm but all parents and visitors are asked to report the office when they come to the school. The front door will be locked during the day. Please ring the doorbell to gain entry to the school. It is important for safety reason that we know who is in the school at all times, Students must be checked out if they are leaving early.

DISTRICT LUNCH PROGRAM: The District Lunch Program is available for students in families experiencing financial hardship. Please come to the office and fill out a form if you wish your child to be on the district lunch program.

Fundraising at Bouchie Lake

As you know, during the year we have some larger field trips that happen. We understand this can be cost prohibitive for families. In an effort to help offset the cost of the buses for **Troll, Barkerville and Swimming Lessons**, we are endeavouring to raise some extra funds.

We are creating an account with Return-it. If you would like to help in this way, you can donate bottles in one of two ways:

1. Take your recyclables to the Return-It centre by No Frills and label with our information

2. Drop your recyclables off at the front of the school and we will take it to the Return-It centre.

Any donations received will go directly to cover the cost of busing.

https://app.return-it.ca/register?org=bouchielakeelementaryschool&tab=customer

Bus Information and Expectations

BUS BEHAVIOUR

A Memo was sent out at the beginning of January regarding student behavior on buses.

Please remind your students that the following are expectations for riding on a school bus:

- Remain seated during the ride. Students are not to be moving around the bus.
- Keep hands to yourself. Students are not to be grabbing the belongings of other students or engaging in any type of rough housing while on the bus.
- Do not throw objects out of the windows.
- Enjoy the ride responsibly
- Listen to the bus driver.

BUS CANCELLATIONS

Please check the SD28 website for notice of cancellations. Buses may be cancelled for cold weather or road conditions. As per the Memo from the School District, if a bus is cancelled in the morning, it remains cancelled for the entire day.

Thank you for helping to ensure safety for everyone on the bus.

- Bus passes are important and mandatory for students to ride the bus
- Bus drivers are required to have attendance of their bus at all times for safety
- Buses can not accommodate transportation to visit a friend after school. We apologize for the inconvenience.



Bus Garage Contact Information:

250-992-8361 or email

Transportation@sd28.bc.ca

Indigenous News

Dahooja!

My name is Jody Baxter (Indigenous Education Support Worker) here at Bouchie Lake Elementary.

I will be sharing local indigenous plant and what it is good for every month.

If you would like share yours, please send them to the school!

Thank you!



Indigenous Dates of Significance:

November 8 - National Indgienous Veterans Day
November 10-16 Rock your Mocs
November 16 - Louis Riel Day

National Indigenous Veterans Day:

Celebrated all across Canada to recognize the military contributions and sacrifices of Indigenous Communities, Inuit and Metis Peoples.

William Lee Stevens, a Métis Veteran who served in World War 2.
He enlisted in the military at 17, where he was sent to Holland to fight in the battle of Hessler Field. He would return as a Hero and a sole survivor of his platoon.
With his scarifies came injuries that would affect his way of life, however he was able to start a family and pass along his memories.

William lived to be 101 and passed in 2023.

Thank you for your service



Lous Riel Day
is observed across Canada by the Métis Nation to honor Riel's life, remember his execution, and celebrate vibrant Métis culture, music, and history



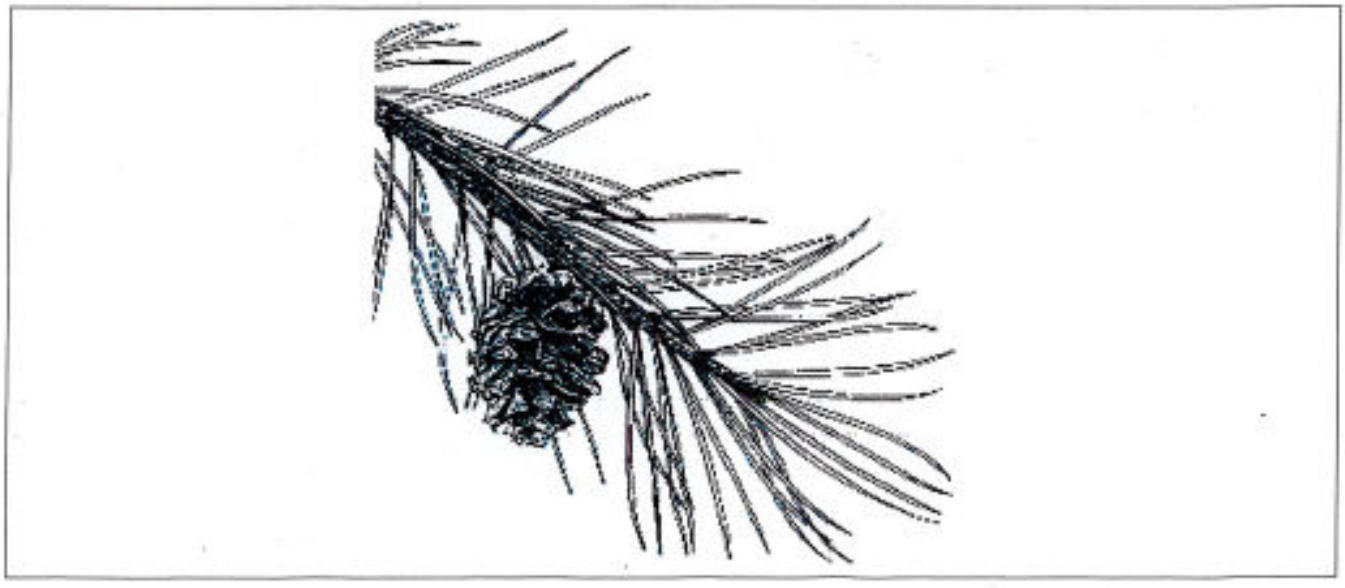
Rock your Mocks!

Moccasins represent more than footwear to Indigenous people. They are sacred and passed down through generations. Moccasins are a physical expression of the Native journey. Because Mother Earth (Unci Maka) is sacred, moccasins allow the People to tread on her with honor and respect. Wearing them for Rock Your Mocs keeps this tradition and others alive.

Dakelh Nelamuk 'ink'ez yunk'ut
(Medicinal Plants) – Tree
Chundoo dzeh – Lodgepole Pine



Chundoo dzeh - Lodgepole Pine is locally known as Jack Pine. Its sap is considered a delicacy or just for eating. We use a scraper and scrap the bottom of inner bark for eating. The inner bark is good for colds. We use pitch gum from pine tree for open sores and infection. The pitch taken from the tree was mixed with bear grease, melted and while still warm placed on the infected area for a few days with gauze or piece of cloth. We also used pitch gum for pain on broken bones, or sore backs. Again you melt the pitch and put on a huge cloth and then put on the sore back or broken bones.



PAC NEWS



President & Fundraiser Coordinator:
Melissa Bailey

Vice-President
Nicole Mighton

Treasurer:
Erin Hoffman

Secretary
Katie Kravstov

Hot Lunch Coordinator:
Jade Lillow

PAC Supporter & Staff Rep:
Laura Maitland



Please follow our Bouchie Lake PAC Facebook page as we will be posting more content this year!

Next PAC Meeting dates will be
November 4th @ 3:15 pm

PAC 's New Email Address : bouchielakepac@gmail.com



We are looking for Parent Volunteers to help with hot lunches!!

If parents are wanting hot lunch days to happen - We need some help to continue to do so!

It only works if parents get involved!!

Message from the Librarian/Nature Club:

- Students must bring a waterproof book bag (large Ziploc bag that was part of your student supply list). This bag is labelled and must be returned with book in order to keep the exchange going. If it becomes lost, damaged or soiled (holes, dirt, food), please replace with a clean one. Students are not able to take books out without this as accidents easily happen in backpacks and many books have disintegrated or been out of commission due to damage during transport back and forth from home.

- Take care of this place by taking care of everything you borrow and share. Damaged books will have to be replaced and it costs the school money. Students can only borrow one book until they can manage the return & exchange system. Then, the librarian will decide if they are ready to borrow more.

- Nature Club: It will not start until later this year, usually after Remembrance Day. Having said that, all classes will do nature activities with Mrs. Blanchet at this time of the year as it is a beautiful season to enjoy and observe.



Quesnel

FREE!

Active Star Drop-in Program

October 14 – March 10

Mondays | 8:45-10:45am Quesnel Arts & Recreation Centre

Wednesdays | 9-11am Gymnastics Club

Cost: **Free!** | **Ages 0–5**

REGISTER

Looking for a way to keep your preschool child physically active? Try Active Star!

This free, drop-in program is intended to help enhance the development of fundamental movement skills through a combination of structured and unstructured play in a safe, FUN, indoor environment.

The fun Engage Sport North Program staff will lead games and activities that build Physical Literacy, giving children the competence, confidence, and motivation to be physically active for life.

ENGAGESPORT NORTH

Presents in partnership with

Spirit of the North HEALTHCARE FOUNDATION

viaSPORT ACCREDITED | BRITISH COLUMBIA

EngageSportNorth.com Strive to Thrive.