



Bouchie Lake
Elementary School


Bouchie Lake Elementary School

2074 Blackwater Rd, Quesnel BC V2J 7B3


Ph: 250-249-5913 / Fax: 250-249-5610

September 2024 Newsletter

Hello Bouchie Lake Families!

- ◇ Students missing bus passes to please let office know, or to contact the Bus garage directly
- ◇ Being Bear Aware - temperatures are cooling down and bears are wandering about! 
- ◇ Breakfast Program Drop-In 7:30 to 8:00 am- Entrance will be now at the ramp by gym doors.
- ◇ Welcome back and to Leah Morrow Grade 3/4 & Kale Schmeisser K/1 Teacher

Parking and Student Drop off / Pick up

Please do not stop or park in the bus lane, Student drop off is at the far end of the parking lot; closest to  the playground.



Thank you for your cooperation!

WELCOME

BACK TO
SCHOOL

Bell Schedule

8:10	First Bell Rings
8:15	Classes Begin
10:00	Recess Begins
10:15	Recess Ends
11:45	Lunch Begins (Play Time)
12:20	Lunchtime
12:40	Warning Bell
12:44	Afternoon Classes Begin
2:23	Dismissal

STUDENT ABSENCES

It is important to contact the school in the event your student will be absent or late. The school remains open on days when the school buses are cancelled, **but please let us know if your child will be staying home due to buses being cancelled.**

Student absences can be reported three ways: call the school 250-249-5913, email the school at bouchielake@sd28.bc.ca, or complete the online form at: <https://bouchielake.sd28.bc.ca/>

Welcome to Kindergarten

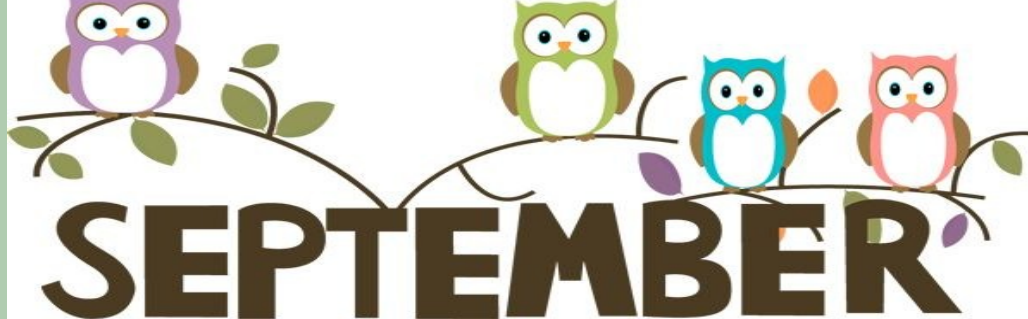
Group A

Date	Time
Thursday, September 4th	8:10 to 10:30 AM
Monday, September 8th	8:10 to 2:23 PM
Wednesday, September 10th	8:10 to 2:23 PM
Monday, September 15th	Full Time Kindergarten starts 8:10 to 2:23 PM



Group B

Date	Time
Friday, September 5th	8:10 to 10:30 AM
Tuesday, September 9th	8:10 to 2:23 PM
Thursday, September 11th	8:10 to 2:23 PM
Monday, September 15th	Full Time Kindergarten starts 8:10 to 2:23 PM



Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 <i>STAT</i> <i>No</i>	2 <i>No School</i>	3 <i>Early</i> <i>Dismissal</i>	4	5	6
7	8	9	10	11	12 <i>Terry</i> <i>Fox Run</i>	13
14	15 <i>Lunch</i> <i>program</i> <i>starts</i>	16	17 <i>PAC</i> <i>Meeting</i> <i>3:30 PM</i>	18	19	20
21	22 —School Picture Days— 	23	24	25	26	27
28	29  <i>Orange</i> <i>Shirt Day</i>	30 <i>Truth &</i> <i>Reconcilia-</i> <i>tion</i>	1	2	3	4 <i>Quesnel Pub-</i> <i>lic Library</i> <i>Writers Day</i>
5	6	7	8	9	10	11



Bouchie Lake Elementary School 2025 – 2026 School Supply List



Kindergarten	Primary (1-3)	Intermediate (4-7)
<p><u>On your 1st day, please bring:</u></p> <ul style="list-style-type: none"> Water bottle (w/student's name) Indoor runners (non-marking & non-skater) Full change of clothes in labelled bag <p><u>After Gradual Entry, please bring:</u></p> <ul style="list-style-type: none"> 1 x Pencil Case (hard plastic) 3 x boxes of Crayons (24/box only) <i>*We only need 24 colours; please do not buy larger boxes as we cannot store them</i> 4 x white erasers 1 x Scissors 2 x Duo-Tangs 2 x Bingo Daubers 6 x Glue Sticks (large) 1 x Pkg dry erase markers 1 x Whiteboard eraser (for small hands) 20 x HB pencils 2 x Notebooks (1/2 page interlined) 1 x Notebook (full page interlined) 1 x Notebook (blank page) 6 x Ziplock bags (X-Large) Playdough (Donations for Playdough for the classroom to use in literacy and centers throughout the year. Please see classroom teacher for recipe if you wish to make it) 1 x box of Kleenex 	<p><u>On your 1st day, please bring:</u></p> <ul style="list-style-type: none"> Water bottle (w/student's name) Indoor runners (non-marking & non-skater) Full change of clothes in labelled bag <p><u>Once you know who your teacher is, please bring:</u></p> <ul style="list-style-type: none"> 1 x Pencil box/case 1 x Pencil sharpener 1 x Pkg Pencil crayons (24) 1 x Pkg Washable markers 10 x Dry erase markers 24 x HB Pencils 6 x White erasers 6 x Glue sticks (large) 1 x Scissors 3 x Ziplock bags (Large) 1 x Notebook (interlined) 1 x Notebooks (1/2 page interlined) 1 x Notebooks (blank page) 7 x Duo-Tangs – different colours 1 x headphones (Not USB) 1 x box of Kleenex 	<p><u>On your 1st day, please bring:</u></p> <ul style="list-style-type: none"> Water bottle (w/student's name) Indoor runners (non-marking & non-skater) <p><u>Once you know who your teacher is, please bring:</u></p> <ul style="list-style-type: none"> Gym strip & draw string bag (shorts or sweat pants, t-shirt & deodorant (scent-free)) 1 x Headphones (USB w/microphone if possible; place in a Ziplock bag w/name) 1 x Large Pencil box or case 1 x Pencil sharpener w/shavings holder 1 x Crayola pencil crayons (24-36) 1 x Coloured Markers (12-24) 1 x 30cm Ruler (non-bendable) 36+ x HB pencils 4 x White erasers 3 x Large glue sticks 1 x Scissors 1 x Calculator (Scientific for Gr 6 & 7) 6 x Pens (Red and Blue) 1 x Artist Sketch Book (8.5" x 11" min. with at least 30 pages) 4 x Sharpies fine and/or ultra-fine, black 3 x Highlighters (different colours) 4 x Dry erase markers 150-200 sheets lined binder paper 2 x XL Ziplock bag (for library books/supplies) 1 x Journal/spiral notebook (200-page min.) 1 x 1" or 1.5" 3-ring Binder 1 box of Kleenex 12 x 3-prong Duo-Tangs (different colours) 8 Dividers 1 x box of Kleenex

◆ In September, your classroom teacher may provide you with a limited list of extra items to purchase that are specific to your classroom needs ◆
Please contact the school office if you need any financial support in providing these items for your student.

PAC NEWS



Who Makes Up the PAC?

President: Melissa Bailey

Vice President & Treasurer: Erin Hoffman

Secretary & Fundraising Coordinator: Katie Kravstov

Hot Lunch Coordinator: Jade Lillow

Hot Lunch Server & PAC Supporter : Laura Maitland

To Stay updated on future events & more, follow the Facebook Page called: “**Bouchie Lake Elementary School**”

PAC Meetings are every 3rd Wednesday of the month @ 3:30 PM in the Library

Next meeting is

Fundraising Opportunities

Tired of losing your child's belongings? Check out personalizing them with “**Mabel's Labels**” This is an ongoing fundraiser that you can access at anytime through the website below and enter “Bouchie Lake Elementary” then you can go ahead and order.

<https://mabelslabels.ca/fundraising/support>



Bouchie Lake Elementary

Monthly Reminders



FALL WEATHER: As we slowly get into September the mornings are cooler and the afternoon tends to warm up, please remember to dress your child(ren) for the appropriate weather: jackets are encouraged as we will be doing daily outdoor activities! It is helpful if names are on boots, coats, and other clothing items. Please ensure your child(ren) are provided with extra pairs of pants, and socks.

ATTENTION PARENTS AND VISITORS: Our doors are open between 8:00am and 3:30pm but all parents and visitors are asked to report the office when they come to the school. It is important for safety reasons that we know who is in the school at all times, Students must be checked out if they are leaving early.

DISTRICT LUNCH PROGRAM: The District Lunch Program is available for students in families experiencing financial hardship. Please come to the office and fill out a form if you wish your child to be on the district lunch program.

BREAKFAST CLUB: The Voyageur Breakfast Club is available in the Gym between 7:45 am and 8am. We encourage students to be here at 7:45am to get something to eat before it's all gone. No sign up required.

NEW WEBSITE: Please check out our new website for news about our school! You will find our Events Calendar, Announcements, News Stories, Transportation Information, School Supply lists and much more! <https://bouchielake.sd28.bc.ca/>

ALLERGIES: Bouchie is nut aware (all nuts). All School District #28 Schools are Scent and Fragrance free Environments.

HEALTH & WELLNESS: Reminder to parents/guardians to please do a health check of your student before sending them to school if they are feeling unwell. Please have them stay home to rest and get better before returning to school.

Visit or website for current announcements and upcoming events!

<https://bouchielake.sd28.bc.ca/>

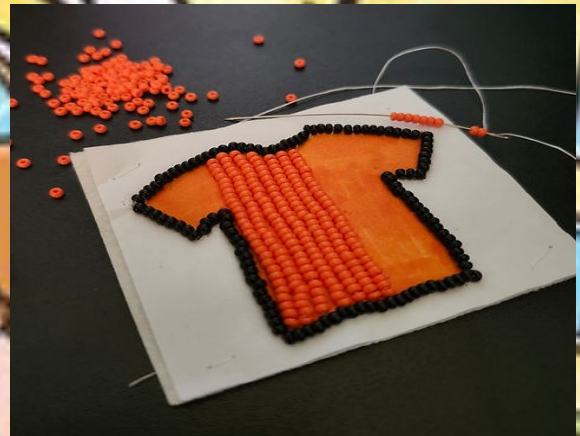
Indigenous News

Welcome back !!
Check back for monthly
installments

Dahooja:

I'm hoping to share an Indigenous traditional recipe every month. If you would like to share your home recipes, please send them to the school. See recipe on next page.

Thank you,
Jody Baxter, IES



Safety Drills

"Shake out"

This earthquake drill is to practice the appropriate procedures in the event that we experience an earthquake.

We will be joining the Great ShakeOut on October 17 for this drill.

Fire

Fire drills are practiced regularly at all schools. These are done to ensure all staff and students are familiar with the procedure and evacuation routes in the event that we need to evacuate the school. The goal is to have the proper actions be an automatic response so that in the unlikely event the fire alarm sounds everyone can evacuate the building safely.



Hold and Secure and Lock Down

A hold and secure event happens when there is the possibility that someone is in the vicinity that poses a possible risk to the school community. During a hold and secure students remain in the classrooms and continue with their learning activities until the threat risk has cleared.

A lock down is a higher level threat in which we need to have the students remain very quiet in their classrooms. It is used in the event of an internal threat. It is a very rare occurrence that this is actually used, however it is one of the drills we will be practicing. A email will be sent home on the day we have this drill so that you are aware. It can be a difficult/traumatic drill for some students so we will prepare them ahead of time in order to alleviate the worry and stress for our students.



Bouchie Lake Elementary School Run—September 12



Notice to our Students and Parents/Guardians/Caregivers

Quesnel School District Threat Assessment Protocol

The Quesnel School District and our community partners are committed to having safe, caring and inclusive schools. In the event that a student makes a threat of violence or harm to other students, staff or the school community, the school will initiate the Quesnel School District threat assessment protocol.

Violence, Threat and Risk Assessment Protocol

In the event of a serious threat to the wellbeing of students or staff, A Violence, Threat and Risk Assessment Protocol will be initiated.

A threat is an expression of intent to do harm or act out violently against someone or something. They may be verbal, written, drawn, posted on the internet or made by gesture. Threats must be taken seriously, investigated and responded to.

What is the purpose of a threat assessment?

- to ensure the safety of all students, staff, parents and others
- to ensure a full understanding of the context of the threat
- to understand factors contributing to the threat makers' behaviour
- to be proactive in developing an intervention plan that addresses the emotional and physical safety of the threat maker
- to promote the emotional and physical safety of all

What behaviours initiate a VTTRA?

A VTTRA will be initiated when behaviours include, but are not limited to, serious violence with intent to harm or kill, verbal/written threats to harm/kill others, Internet website/social media threats to harm/kill others, possession of weapons (including replicas), bomb threats, and fire setting.

Duty to report

Staff, parents, students and community members have a duty to report all threat-related behaviours to keep our school community safe.

VTTRA Team

Our school has a multi-disciplinary threat assessment team. The team includes principal, vice-principal, district staff, school counsellors and police.

What happens in a student threat assessment?

After a report, the principal will activate the protocol for initial response. The team is activated and interviews may be held with the student(s), the threat maker, parents and staff to determine the level of risk and develop an appropriate response to the incident. Intervention plans will be developed and shared with parents, staff and students as required.

Can someone refuse to participate in a threat assessment process?

It is important for all parties to participate. If someone is reluctant to participate for some reason, the threat assessment process will continue in order to keep our school safe.



School Code of Conduct

ROLES AND RULES

Personal Digital Devices RULES <i>(includes communication devices)</i>	TEACHER ROLE:
<ul style="list-style-type: none">○ STEP 1: Hand into office for 1 day○ STEP 2: Device to office and parent may need to pick it up. Devices will be returned at the end of the day.○ STEP 3: Device Plan - device into the vault each morning and picked up at the end of the day (created with student, family, Principals; defined duration) <p>REFUSAL = move to step 3, then to In-School Suspension</p>	<p>STEP 1: Device collected – sent to office to be picked up at end of the day by student. Teacher/Principal will contact parent or guardian. <i>Seal envelope with device in (time, teacher, reason if needed)</i></p> <p>STEP 2: Device collected – sent to office to be picked up by family – P/VP contact home <i>Seal envelope with phone in (time, teacher, reason if needed)</i></p> <p>STEP 3: Device handed in each morning, picked up at end of the day – P/VP tracks plans</p>

**** Smart watches can remain with the student until proven to be used as a communication device, at which time it will be considered as above.****

RE: Personal Electronic Devices – School District 28 Bouchie Lake Elementary School

Dear Parents/Guardians,

On January 26th, 2024 the Province announced three actions for the safety and well-being of students in relation to digital technology. The announcement included restrictions on the use of cell phones in schools, which must be in place for the 2024/25 school year.

Per Ministry and District policy, Bouchie Lake Elementary School will implement the following policy:

In September 2025 students are expected to store their personal electronic devices* in their backpack or leave them at home for the entire school day. This includes the use of personal electronic devices during recess and/or lunch.

The following procedures will be used for violations of these expectations:

- 1st Time bringing device to class**– The student will hand in their device and it will be stored securely in the office until the end of the day. The student is responsible for collecting their device from the office at the end of the day. We expect students to comply with this request without becoming argumentative or defiant. Students not complying with the request will move into the discipline process. Parents will be contacted.
- 2nd Time bringing device to class**– The student will hand in the device and a parent/guardian may be asked to pick up the device.
- 3rd Time bringing device to class**– The family, student and Principal will work together to create a device plan which includes the student handing in their device daily, to be stored securely in the vault for a defined period of time.

Continuing to disregard these Provincial, District and School expectations may result in consequences per the Code of Conduct and may include suspension and/or other disciplinary consequences.

We understand that many parents/guardians use text messages to communicate with their children during the day. For emergency situations, we ask that you contact the school office, 250-249-5913, and we will pass along your message, or have your child contact you. These changes are intended to support a focused learning environment for your young people and to help reduce the addictive and negative impacts these devices are having on our young students.

We ask that you support our staff and discuss this change with your child before the upcoming school year.

If you have questions or concerns about these new expectations, please contact the Principal at the school.

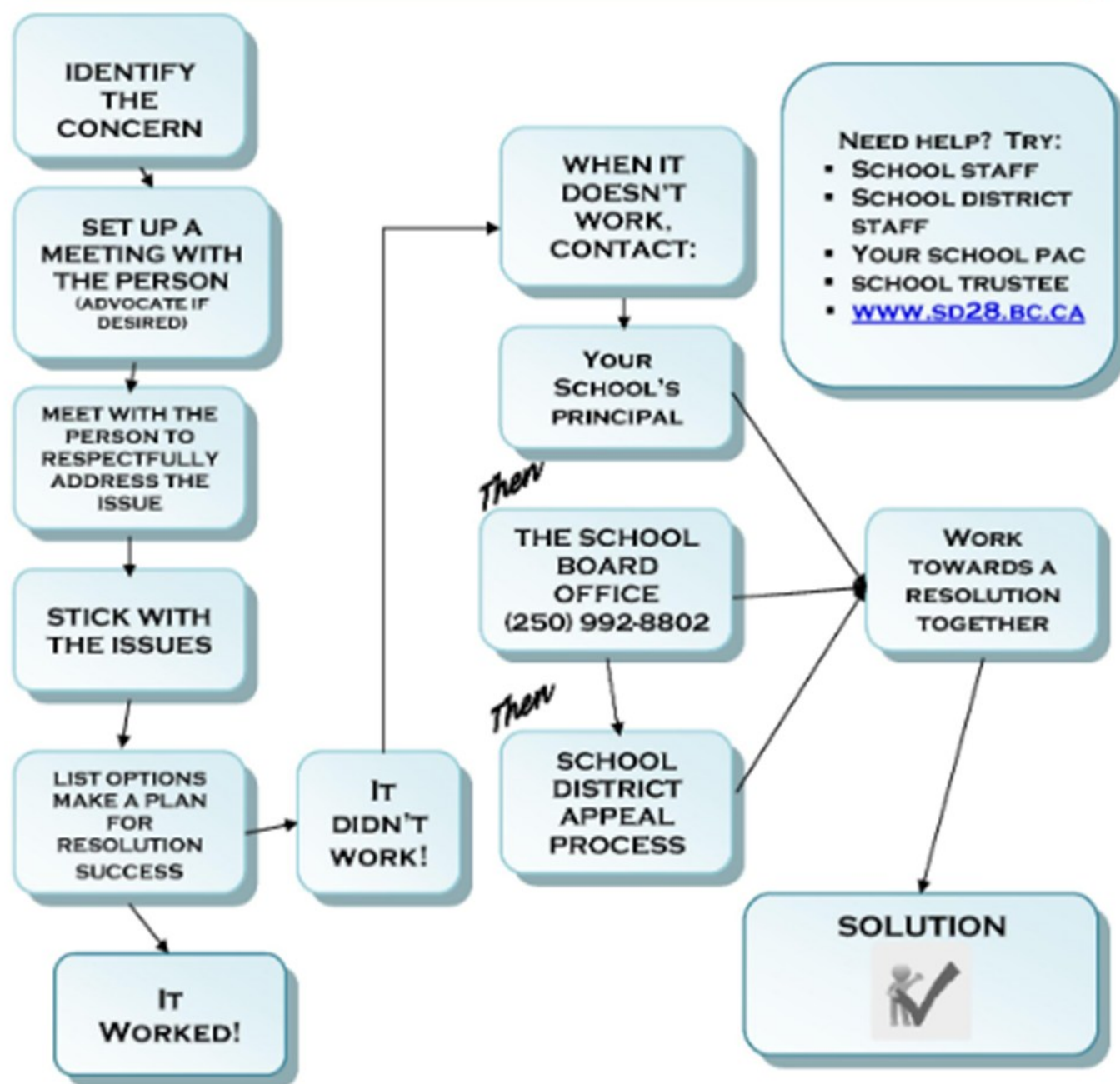
In partnership,

Ann Fraser

Principal, Bouchie Lake Elementary School



**SCHOOL DISTRICT NO. 28 (QUESNEL)
COMMUNICATION PROTOCOL
STEPS TO RESOLVING CONFLICT**



VANDALISM ALERT! If you suspect/observe vandalism occurring on school grounds or in a school, please call the school.
After hours – phone the local RCMP detachment @ 250 992-9211 [Quesnel] or 250 994-3314 [Wells].

401 North Star Rd
Quesnel, BC V2J 5K2
Phone: 250 992-8802
Fax: 250 992-7652
Website: www.sd28.bc.ca



SCHOOL DISTRICT No. 28 (QUESNEL)

COMMUNICATION PROTOCOL

Steps to Resolving Conflict:

The following guidelines have been developed to support respectful communication when concerns arise. It is expected that every attempt will be made to resolve concerns at the school level; or level closest to the concern.

If at any time, you need advice you can seek assistance/support in this process from:

- School Staff
- School District Office Staff (992-8802)
- School Parent Advisory Council Chairperson
- Trustees (992-8802)
- Web site - www.sd28.bc.ca

Finding a Resolution:

Identify the Concern

Try to resolve the concern:

- Begin at the school level between the concerned parties.

To help you do this:

- Focus on the student's needs.
- Define the real issue: What is needed and wanted?
- Make an appointment to see the person with whom you have a concern. Set a mutually satisfactory date and time.

- Prepare for the meeting – make notes, plan.
- Bring a support person if you desire, (inform the person with whom you meet).
- Respectfully, address your concern.
- Together, explore possible options and select the best solution.

Make a plan for resolution and success:

- Set up an action plan with times, dates and follow-up.

Seek Assistance

- ⇒ If the issue is not resolved, or an action plan is not successful, seek assistance from the Principal after informing the other party of your intent to do so.
- ⇒ If the issue concerns the Principal and you have not had success through the initial portion of this process, contact a Director of Instruction or the Superintendent of Schools at 992-8802 for assistance or support in resolving the issue.

If the issue remains unresolved after accessing assistance or support from a Director of Instruction or the Superintendent of Schools, contact the School Board using the Appeal Process (Bylaw No. 1). Call the School District Secretary-Treasurer at 992-8802 for information on the appeal process.

General Information

All concerns should be addressed. If you feel that you cannot approach the individual involved, please contact your school principal for assistance.

If you require more information please contact the School District Administration Office at 992-8802. The Quesnel School District believes that this Communications Protocol, developed by the School Board in partnership with the QDPAC, QDTA, QPVA, CUPE Local 4990, and District Administration, will aid in a respectful and mutually satisfying resolution to problems and concerns.

The Communications Protocol Committee, under the direction of the Board of School Trustees, is committed to improving communications in the District. This is an on-going process and from time to time the established protocol procedures are reviewed. Your comments are welcomed.





Childhood Experiences Questionnaire

HUMAN
EARLY LEARNING
PARTNERSHIP



The CHEQ is a questionnaire completed by parents and caregivers at the start of the Kindergarten school year. It helps teachers, school administrators and community partners to provide and improve targeted supports for children and families.

The CHEQ is used to:

- Develop district and community-wide programs and policies;
- Better understand the early experiences of children and families; and
- Improve classroom planning and school programming.

The CHEQ includes questions about children's experiences with language and numeracy, nutrition and sleep habits, activities at home and in the community, and access to and use of resources and services.



The CHEQ at a glance

- Completed by parents and caregivers at the beginning of the school year.
- Completed online at school or home.
- Takes approximately 30 minutes to complete.
- Gathers information on children's experiences that are important to their healthy development and well-being. Includes COVID-19 related questions to help us understand the secondary impacts of the pandemic on children and families.
- Information is summarized in individual, classroom, school and district reports.
- Used by schools and communities to provide targeted supports and services to children and their families.



The CHEQ can be used in schools and districts to:

- Plan for the school year.
- Determine school programming needs.
- Better understand individual children's needs.

The CHEQ can be used in community to:

- Provide targeted supports and services to children and their families.
- Make decisions about programming and services that families want and need.
- Understand barriers to accessing community health services, recreation activities and childcare.

The CHEQ asks parents and caregivers about:



Physical Health & Well-Being

Their child's experiences related to physical health and overall well-being including daily physical activities, routine health care check-ups, nutrition and sleep habits.



Language & Cognitive

A variety of experiences that influence their child's language development and cognition, including reading, storytelling, engaging in conversation and pretend play, rhyming, using pens and pencils, counting and sorting, painting and more.



Social & Emotional Experiences

Different social experiences their child may have had before Kindergarten, including playing with other children, sharing and helping others. In addition, parents/caregivers are asked about opportunities their child may have had to talk about their emotions and the emotional experiences of others.



Early Learning & Care

Their child's experiences in non-parental care arrangements and preschool, as well as challenges faced when looking for care. They are also asked about their child's experience with intervention programs and supports.



Community & Context

Their perceptions of neighbourhood safety, opportunities for children to play outside in their neighbourhood, social support networks and whether neighbours can be counted on to look after children.

The Human Early Learning Partnership

The Human Early Learning Partnership (HELP) is a research institute based at the University of British Columbia. For over 20 years HELP has worked in partnership with schools and school districts across British Columbia to gather population-health data related to healthy child development. The CHEQ is one of a family of tools that can be used as part of HELP's child monitoring system. The information collected is shared with schools and communities to support children and their families.

If you have any questions about this project, please contact the CHEQ Project team:

604.822.3361
cheq@help.ubc.ca
earlylearning.ubc.ca

CHEQ it Out!
earlylearning.ubc.ca/cheq/

CHEQ
Childhood Experiences
Questionnaire
2-5 YEARS
Parent & Caregiver
Questionnaire

EDi
Early Development
Questionnaire
5 YEARS
Teacher
Questionnaire

MDi
Middle Years Development
Questionnaire
9-13 YEARS
Student
Questionnaire

HUMAN
EARLY LEARNING
PARTNERSHIP





Quesnel Figure Skating Club



INTRODUCES



CanSkate

**TUESDAYS AND OR THURSDAYS 5:15-6:00PM
TO PARTICIPATE, SKATERS NEED A
CSA APPROVED HOCKEY HELMET,
SKATES & WINTER GEAR**

1 DAY/WEEK = \$130

2 DAY/WEEK = \$240

+ INSURANCE \$58.65

(PAID ONLY 1X PER SEASON)

TUESDAYS OCTOBER 7 - DECEMBER 16

THURSDAYS OCTOBER 9 - DECEMBER 11

SAVE \$20 BY REGISTERING FOR 2 DAYS A WEEK!

**REGISTRATION IS
EXTREMELY LIMITED,
REGISTER TODAY!**

QUESNELFIGURESKATINGCLUB.UPLIFTERINC.COM

Success By 6
Helping all children succeed for life

