



Bouchie Lake
Elementary School

Bouchie Lake Elementary School

2074 Blackwater Rd, Quesnel BC V2J 7B3

Ph: 250-249-5913 / Fax: 250-249-5610

October 2025 Newsletter

Hello Bouchie Lake Families!

- ◇ Note from Librarian Page 16
- ◇ Students missing bus passes please let the office know, or contact the Bus garage directly (250-992-8361)
- ◇ Breakfast Program Drop-In 7:30 to 8:00 am– Entrance is now at the ramp by gym doors.
- ◇ Division 1 Kindergarten/Grade 1 Teacher– Welcome Tyler Halverson

Parking and Student Drop off / Pick up

Please do not stop or park in the bus lane, Student drop off is at the far end of the parking lot; closest to the playground.



**Thank you for your
cooperation!**



Bell Schedule

8:10	First Bell Rings
8:15	Classes Begin
10:00	Recess Begins
10:15	Recess Ends
11:45	Lunch Begins (Play Time)
12:20	Lunchtime
12:40	Warning Bell
12:44	Afternoon Classes Begin
2:23	Dismissal

STUDENT ABSENCES

It is important to contact the school in the event your student will be absent or late. The school remains open on days when the school buses are cancelled, **but please let us know if your child will be staying home due to buses being cancelled.**

Student absences can be reported three ways: call the school 250-249-5913, email the school at bouchielake@sd28.bc.ca, or complete the online form at: <https://bouchielake.sd28.bc.ca/>

LOST & FOUND

**Do these belong to your student(s)?
Items will be donated at Thanksgiving!!**



LOST & FOUND



HELLO OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29 	30 <i>Truth & Reconciliation</i>	1	2 <i>Div 5 Popcorn Sale</i>	3	4 <i>Quesnel Public Library Writers Day</i>
5	6 <i>Kindness in Chalk</i>	7	8	9 <i>Assembly</i> <i>Hot Lunch</i> 	10	11 <i>Thanksgiving</i> 
12 <i>Thanksgiving</i> 	13 <i>STAT</i> <i>No School</i> 	14	15	16 <i>Earthquake Drill</i>	17	18
19	20	21 <i>IEP meetings</i>	22 <i>School Spirit Day</i> <i>IEP meetings</i>	23 <i>Hot lunch</i> <i>Family Numeracy Night</i>	24 <i>NI day</i> <i>No School</i>	25
26	27 <i>Arlene Horutko (Carrier Language, Culture, and History)</i>	28 <i>IEP meetings</i>	29 <i>IEP meetings</i>	30 <i>Pajama Day & Treat Trolley</i>	31 <i>Halloween</i> 	1
2 	3	4	5	6 <i>Hot lunch</i> <i>Tacos</i>  <i>Lock down drill</i>	7	8

Bouchie Lake Elementary

Monthly Reminders



FALL WEATHER: Please remember to dress your child(ren) for the appropriate weather: jackets are encouraged as we will be doing daily outdoor activities! It is helpful if names are on boots, coats, and other clothing items. Please ensure your child (ren) are provided with extra pairs of pants, and socks.

ATTENTION PARENTS AND VISITORS: Our doors are open between 8:00am and 3:30pm but all parents and visitors are asked to report the office when they come to the school. It is important for safety reason that we know who is in the school at all times, Students must be checked out if they are leaving early.

DISTRICT LUNCH PROGRAM: The District Lunch Program is available for students in families experiencing financial hardship. Please come to the office and fill out a form if you wish your child to be on the district lunch program.

BREAKFAST CLUB: The Voyageur Breakfast Club is available in the Gym between 7:45 am and 8am. We encourage students to be here at 7:45am to get something to eat before it's all gone. No sign up required.

NEW WEBSITE: Please check out our new website for news about our school! You will find our Events Calendar, Announcements, News Stories, Transportation Information, School Supply lists and much more! <https://bouchielake.sd28.bc.ca/>

ALLERGIES: Bouchie is nut aware (all nuts). All School District #28 Schools are Scent and Fragrance free Environments.

HEALTH & WELLNESS: Reminder to parents/guardians to please do a health check of your student before sending them to school if they are feeling unwell. Please have them stay home to rest and get better before returning to school.

Visit or website for current announcements and upcoming events!

<https://bouchielake.sd28.bc.ca/>



School Code of Conduct

ROLES AND RULES

Personal Digital Devices RULES <i>(includes communication devices)</i>	TEACHER ROLE:
○ STEP 1: Hand into office for 1 day ○ STEP 2: Device to office and parent may need to pick it up. Devices will be returned at the end of the day. ○ STEP 3: Device Plan - device into the vault each morning and picked up at the end of the day (created with student, family, Principals; defined duration) REFUSAL = move to step 3, then to In-School Suspension	STEP 1: Device collected – sent to office to be picked up at end of the day by student. Teacher/Principal will contact parent or guardian. <i>Seal envelope with device in (time, teacher, reason if needed)</i> STEP 2: Device collected – sent to office to be picked up by family – P/VP contact home <i>Seal envelope with phone in (time, teacher, reason if needed)</i> STEP 3: Device handed in each morning, picked up at end of the day – P/VP tracks plans

**** Smart watches can remain with the student until proven to be used as a communication device, at which time it will be considered as above.****

RE: Personal Electronic Devices – School District 28 Bouchie Lake Elementary School

Dear Parents/Guardians,

On January 26th, 2024 the Province announced three actions for the safety and well-being of students in relation to digital technology. The announcement included restrictions on the use of cell phones in schools, which must be in place for the 2024/25 school year.

Per Ministry and District policy, Bouchie Lake Elementary School will implement the following policy:

In September 2025 students are expected to store their personal electronic devices* in their backpack or leave them at home for the entire school day. This includes the use of personal electronic devices during recess and/or lunch.

The following procedures will be used for violations of these expectations:

- 1st Time bringing device to class**– The student will hand in their device and it will be stored securely in the office until the end of the day. The student is responsible for collecting their device from the office at the end of the day. We expect students to comply with this request without becoming argumentative or defiant. Students not complying with the request will move into the discipline process. Parents will be contacted.
- 2nd Time bringing device to class**– The student will hand in the device and a parent/guardian may be asked to pick up the device.
- 3rd Time bringing device to class**– The family, student and Principal will work together to create a device plan which includes the student handing in their device daily, to be stored securely in the vault for a defined period of time.

Continuing to disregard these Provincial, District and School expectations may result in consequences per the Code of Conduct and may include suspension and/or other disciplinary consequences.

We understand that many parents/guardians use text messages to communicate with their children during the day. For emergency situations, we ask that you contact the school office, 250-249-5913, and we will pass along your message, or have your child contact you. These changes are intended to support a focused learning environment for your young people and to help reduce the addictive and negative impacts these devices are having on our young students.

We ask that you support our staff and discuss this change with your child before the upcoming school year.

If you have questions or concerns about these new expectations, please contact the Principal at the school.

In partnership,

Ann Fraser

Principal, Bouchie Lake Elementary School





Notice to our Students and Parents/Guardians/Caregivers

Quesnel School District Threat Assessment Protocol

The Quesnel School District and our community partners are committed to having safe, caring and inclusive schools. In the event that a student makes a threat of violence or harm to other students, staff or the school community, the school will initiate the Quesnel School District threat assessment protocol.

Violence, Threat and Risk Assessment Protocol

In the event of a serious threat to the wellbeing of students or staff, A Violence, Threat and Risk Assessment Protocol will be initiated.

A threat is an expression of intent to do harm or act out violently against someone or something. They may be verbal, written, drawn, posted on the internet or made by gesture. Threats must be taken seriously, investigated and responded to.

What is the purpose of a threat assessment?

- to ensure the safety of all students, staff, parents and others
- to ensure a full understanding of the context of the threat
- to understand factors contributing to the threat makers' behaviour
- to be proactive in developing an intervention plan that addresses the emotional and physical safety of the threat maker
- to promote the emotional and physical safety of all

What behaviours initiate a VTTRA?

A VTTRA will be initiated when behaviours include, but are not limited to, serious violence with intent to harm or kill, verbal/written threats to harm/kill others, Internet website/social media threats to harm/kill others, possession of weapons (including replicas), bomb threats, and fire setting.

Duty to report

Staff, parents, students and community members have a duty to report all threat-related behaviours to keep our school community safe.

VTTRA Team

Our school has a multi-disciplinary threat assessment team. The team includes principal, vice-principal, district staff, school counsellors and police.

What happens in a student threat assessment?

After a report, the principal will activate the protocol for initial response. The team is activated and interviews may be held with the student(s), the threat maker, parents and staff to determine the level of risk and develop an appropriate response to the incident. Intervention plans will be developed and shared with parents, staff and students as required.

Can someone refuse to participate in a threat assessment process?

It is important for all parties to participate. If someone is reluctant to participate for some reason, the threat assessment process will continue in order to keep our school safe.

Safety Drills

"Shake out"

This earthquake drill is to practice the appropriate procedures in the event that we experience an earthquake.

We will be joining the Great ShakeOut on October 16 for this drill.

Fire

Fire drills are practiced regularly at all schools. These are done to ensure all staff and students are familiar with the procedure and evacuation routes in the event that we need to evacuate the school. The goal is to have the proper actions be an automatic response so that in the unlikely event the fire alarm sounds everyone can evacuate the building safely.



Hold and Secure and Lock Down

A hold and secure event happens when there is the possibility that someone is in the vicinity that poses a possible risk to the school community. During a hold and secure students remain in the classrooms and continue with their learning activities until the threat risk has cleared.

A lock down is a higher level threat in which we need to have the students remain very quiet in their classrooms. It is used in the event of an internal threat. It is a very rare occurrence that this is actually used, however it is one of the drills we will be practicing. A email will be sent home on the day we have this drill so that you are aware. It can be a difficult/traumatic drill for some students so we will prepare them ahead of time in order to alleviate the worry and stress for our students.

Indigenous News

Dahooja:

I'm hoping to share an Indigenous traditional recipe every month. If you would like to share your home recipes, please send them to the school. See recipe on page 12.

Thank you,
Jody Baxter, IES



Arlene Horutko is coming Oct 27-30th

Home work club will be Thursdays at Lunch in the IESW Room.

Indigenous News-Cont.

March With Arch

Archie Chantyman visited Bouchie Lake for his annual Walk with Arch. Archie Starts his walk in Nazko, and goes all the way to Williams Lake.

It is his journey to create awareness about reconciliation, and healing for those affected by residential schools. The walk is about healing, personal reflection, and forgiveness but also community, learning, and, sharing. It is with his knowledge and wisdom that we hope for a future that we can live, laugh and play together.

Our Grade 7's did a lemonade Fundraiser for Archie's cause, and were able to raise over \$200.00!!!

Thank you to Ms. McManus, Jody Baxter, the Grade 7's, Archie and everyone who had made this possible!!



Salmon Cakes



Video Link to Recipe

INSTRUCTIONS:

1. Grate potatoes and finely chop both the onion and dill.
2. Drain some of the liquid from the salmon.
3. In a large bowl, lightly whisk the eggs.
4. Add salmon, onion, dill, mustard, salt, and pepper to the bowl, and mix.
5. Before adding your potato, squeeze out any excess moisture with your hands and then add to the bowl, mixing all ingredients.
6. Form patties the size of your palm, squeezing out any excess water.
7. Heat olive oil in a pan over medium to medium-high heat (or 350 F). Cook for 3-5 minutes or until browned on the bottom.
8. Gently turn over and cook 3-5 minutes more, covered, until crispy on the other side.

INGREDIENTS:

- ☐ 4 cups Potatoes
- ☐ 1/2 cup Onion
- ☐ 2 Tbsp Dill
- ☐ 1 cup/jar Salmon
- ☐ 2 large Eggs
- ☐ 1 Tbsp Mustard
- ☐ 1/4 tsp Salt
- ☐ 1/2 tsp Pepper
- ☐ 2 Tbsp Olive oil

PAC NEWS



Fundraising Opportunities

Tired of losing your child's belongings? Check out personalizing them with "Mabel's Labels" This is an ongoing fundraiser that you can access at anytime through the website below and enter "Bouchie Lake Elementary" then you can go ahead and order.

<https://mabelslabels.ca/fundraising/support>



Oct. 2nd fundraiser with DFS Canada. A catalogue and order form will come home. This fundraiser will run till the 15th and delivery will be the beginning of November (perfect timing for the Christmas spirit to start!

October 9th will be Pizza Day and October 23 will be in-house, TBD

October 23rd 6 to 8pm a free Family games & Bingo night, with a fundraising concession.

Every Pajama Day we are putting together a trolley filled with fun, inexpensive snacks and drinks that the kids can purchase during lunch hour. (see flyer on next page).

PAC gave its annual \$200 allotments to each teacher. This money goes to diorama supplies, art projects, study tools, etc.

To Stay updated on future events & more, follow the Facebook Page called:
"Bouchie Lake Elementary School"

PAC Meetings are every 3rd Wednesday of the month @ 3:30 PM in the Library

Next meeting is Oct 16th

Who Makes Up the PAC?

President: Melissa Bailey

Vice President & Treasurer: Erin Hoffman

Secretary & Fundraising Coordinator: Katie Kravstov

Hot Lunch Coordinator: Jade Lillow

Hot Lunch Server & PAC Supporter : Laura Maitland



SEPTEMBER 26TH

\$1 TREATS
LIMIT \$2 / STUDENT

FRIYAY

TREATS & JAMMIES

[REDACTED]
EVERY MONTH

The PAC is offering a fun fundraiser once a month for students to live it up and purchase \$1 treats at lunch!!

Chips, Candy, Chocolate bars,
Bubly & Goodie bags

PLEASE STILL SEND LUNCH

Transportation Information



Reminders:

- ♦ Bus passes are **important** and **mandatory** for students to ride the bus
- ♦ Bus drivers are **required** to have attendance of their bus at all times for safety
- ♦ When having a friend ride the bus home-be sure a parent/guardian calls the bus garage –Notes will not be accepted.

Bus Safety & Rules

Remain seated—No standing or moving seats while bus is in motion

- Pick up your food garbage before exiting bus
- Foul Language is not allowed
- Keep your hands to your self

Remember riding the bus is a privilege, not a right

When the weather turns, SD28 works to ensure the safety of all our students and staff. Please review our policies and procedures:

Policy 535 - When buses will be cancelled

Procedure 535 - What we will do when buses are cancelled

Procedures 535A - Cold weather Notice, information for parents



Missing a bus pass?

Please contact the bus garage

250-992-8361 or email

Transportation@sd28.bc.ca

A note from our school librarian

Hello parents and guardians,

I would like to remind you of the importance of encouraging reading at home and bringing library books home is a big part of that. Please continue to inquire with your child about which book(s) they chose each week and participate in this exchange about books, stories and some of their interests.

It helps greatly if parents and guardians are involved: they remember to bring books back because they look forward to the next exchange with you. It also keeps the ball rolling with the idea of continuing book exchanges.

Please note that all books should be coming and leaving home in a book bag, a simple Ziploc bag-hopefully still waterproof- with their names on it does the trick. Some students have been so diligent with theirs that they have had the same one for years! To encourage the return books in a book bag, students get stickers each time it is successfully returned - even grade 7 still enjoy them! Little ones especially need help with that weekly task so please support them with the returns until they can do it on their own.

Library days are as follows, but books can be returned at any time during the week.

Tuesday: division 1 (Kindergarten) div.5, div.6 and div.7.

Thursday: division 2, div.3 and div.4.

Ms. Blanchet (teacher-librarian)



Ringette is for Everyone

Looking for a new activity? Come try ringette!

Ringette is a fun ice team sport open to all skating abilities - we will teach you to skate!

Players wear protective equipment and there is no intentional body contact allowed. Play focuses on passing the ring and quick turnover of possession between teams, making the game fast-paced and a lot of fun to watch!

Contact Us!

Email: quesnelringette@gmail.com

Website: quesnelringette.ca

Follow us on Facebook!



Come Try Ringette!

Sunday, September 21st

West Fraser Centre

Register at

cometryringette.com

Ringette Equipment Lending Program

The Quesnel Ringette Association offers an equipment lending program and can help with many basic needs for your child.

QUESNEL RINGETTE ASSOCIATION



2025 / 2026 RATES

New Player Rate: \$225

Little Lightning (Ages 3-8 First Ice 8-Week Program): \$115

FUN 1 / 2 (Ages 3-8 Beginner): \$225

U10 - U19: \$400

Adult Flex: \$300

18+ Competitive: \$400

Early Registration Discount:
\$50 off before August 15



Quesnel Figure Skating Club



INTRODUCES



CanSkate

**TUESDAYS AND OR THURSDAYS 5:15-6:00PM
TO PARTICIPATE, SKATERS NEED A
CSA APPROVED HOCKEY HELMET,
SKATES & WINTER GEAR**

1 DAY/WEEK = \$130

2 DAY/WEEK = \$240

+ INSURANCE \$58.65

(PAID ONLY 1X PER SEASON)

TUESDAYS OCTOBER 7 - DECEMBER 16

THURSDAYS OCTOBER 9 - DECEMBER 11

SAVE \$20 BY REGISTERING FOR 2 DAYS A WEEK!

**REGISTRATION IS
EXTREMELY LIMITED,
REGISTER TODAY!**

QUESNELFIGURESKATINGCLUB.UPLIFTERINC.COM

Success By 6
Helping all children succeed for life

