

Bouchie Lake Elementary School

2074 Blackwater Rd, Quesnel BC V2J 7B3

Ph: 250-249-5913 / Fax: 250-249-5610

June 2025 Newsletter

Hello Bouchie Lake Families!

- ⇒ Breakfast Program is open @ 7:30 and welcome to all students. Donations are always welcome!
- ⇒ Be Sure to Check The lost & found for any items left behind before summer break as they will be donated to a local charity!
- ⇒ Please help your child look for any outstanding library books. A notice will be sent home June 3rd, It will list any outstanding books borrowed from our school library. The last days for book check out are June 3rd and June 5th. Keep up with your reading and learning with our public library this summer!

LUNCH PROGRAM LAST DAY JUNE 20th

Parking and Student Drop off / Pick up

Please do not stop or park in the bus lane, Student drop off is at the far end of the parking lot; closest to the playground.

Cars have been pulling up close to the school and blocking the buses.

Bell Schedule

- 8:10 First Bell Rings
- 8:15 Classes Begin
- 10:00 Recess Begins
- 10:15 Recess Ends
- 11:45 Lunch Begins (Play Time)
- 12:20 Lunchtime
- 12:40 Warning Bell
- 12:44 Afternoon Classes Begin
- 2:23 Dismissal



Principal's message:

This has been a wonderful year at Bouchie Lake. I have enjoyed watching the students grow and enjoy new experiences. I have seen them reach for their best in academics, sports and relationships. I have really enjoyed getting to know students and families. Bouchie Lake is an amazing community and I am proud to be a part of it. I hope you all have a wonderful, safe, relaxing summer. I look forward to seeing you again in September.

Mrs. Fraser

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 QJS here for Grade 7-9:00 Hot Lunch ₩	6 NI Day No School	7
8	9	10	11 PAC Meeting 3:30 PM	12	13 Div 3-7 Barkerville Trip	14
HAPPY CONTRACTOR HER'S Walky	16 (a) 1:00 PM	17	18 Nature Club field trip	19 Hot Lunch Free	20 Div 1&2 Waterpark Trip	21 National Indigenous Peoples Day
22	23 Summer Fun Day Lunch provided	24 Grade 7 QJS Orientation Soak a 7!	25 Report Cards go home Assembly 9:00 LAST OF SCHOOL	26 NI Day No School	27 No School	28
29	<i>30</i> ←	Canada Day	2 apper	3	4	5

2025/2026 School Information



Bouchie Lake Elementary School 2025 - 2026 School Supply List



Primary (1-3) Kindergarten Intermediate (4-7) On your 1st day, please bring: On your 1st day, please bring: On your 1st day, please bring: Water bottle (w/student's name) Water bottle (w/student's name) Water bottle (w/student's name) Indoor runners (non-marking & non-skater) Indoor runners (non-marking & non-skater) Indoor runners (non-marking & non-skater) Full change of clothes in labelled bag Full change of clothes in labelled bag Once you know who your teacher is, please bring: Gvm strip & draw string bag After Gradual Entry, please bring: Once you know who your teacher is, please bring: 1 x Pencil Case (hard plastic) (shorts or sweat pants, t-shirt & deodorant (scent-1 x Pencil box/case 3 x boxes of Crayons (24/box only) 1 x Pencil sharpener *We only need 24 colours; please do not buy larger 1 x Pkg Pencil crayons (24) 1 x Headphones (USB w/microphone if possible; place boxes as we cannot store them in a Ziplock bag w/name) 1 x Pkg Washable markers 4 x white erasers 1 x Large Pencil box or case 10 x Dry erase markers 1 x Scissors 1 x Pencil sharpener w/shavings holder 24 x HB Pencils 2 x Duo-Tangs 1 x Crayola pencil crayons (24-36) 2 x Bingo Daubers 6 x White erasers 6 x Glue Sticks (large) 1 x Coloured Markers (12-24) 6 x Glue sticks (large) 1 x Pkg dry erase markers 1 x Scissors 1 x 30cm Ruler (non-bendable) 1 x Whiteboard eraser (for small hands) 36+ x HB pencils 3 x Ziplock bags (Large) 20 x HB pencils 4 x White erasers 1 x Notebook (interlined) 2 x Notebooks (1/2 page interlined) 3 x Large glue sticks 1 x Notebooks (1/2 page interlined) 1 x Notebook (full page interlined) 1 x Scissors 1 x Notebooks (blank page) 1 x Notebook (blank page) 1 x Calculator (Scientific for Gr 6 & 7) 6 x Ziplock bags (X-Large) 7 x Duo-Tangs - different colours Playdough (Donations for Playdough for the 6 x Pens (Red and Blue) 1 x headphones (Not USB) classroom to use in literacy and centers throughout 1 x Artist Sketch Book (8.5" x 11" min. with at least 30 1 x box of Kleenex the year. Please see classroom teacher for recipe if you wish to make it) 4 x Sharpies fine and/or ultra-fine, black 1 x box of Kleenex 3 x Highlighters (different colours) 4 x Dry erase markers 150-200 sheets lined binder paper 2 x XL Ziplock bag (for library books/supplies) 1 x Journal/spiral notebook (200-page min.) 1 x 1" or 1.5" 3-ring Binder 1 box of Kleenex 12 x 3-prong Duo-Tangs (different colours) 8 Dividers 1 x box of Kleenex

◆ In September, your classroom teacher may provide you with a limited list of extra items to purchase that are specific to your classroom needs ◆ Please contact the school office if you need any financial support in providing these items for your student.

Tired of losing your child's belongings? Check out personalizing them with "Mabel's Labels"



This is an ongoing fundraiser that you can access at anytime through the website below and enter "Bouchie Lake Elementary" then you can go ahead and order.

https://mabelslabels.ca/fundraising/support

First Day of School Sept 2, 2025

Classroom Assignments available 1st week

School Calendar 2025-2026



School District #28 Quesnel

401 North Star Rd. Quesnel, BC V2J 5K2 Phone: 250 992-8802 Fax: 250 992-7652

Website: www.sd28.bc.ca



SEPTEMBER 2025									
S	М	Т	w	Т	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30							

OCTOBER 2025									
S	М	Т	w	Т	F	S			
			1	2	3	4			
5	6	7	8	9	10	11			
12	13	14	15	16	17	18			
19	20	21	22	23	24	25			
26	27	28	29	30	31				

NOVEMBER 2025							
S	M	Т	w	Т	F	S	
l					_	1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							

DECEMBER 2025									
S	М	Т	w	Т	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31			•			

JANUARY 2026								
S	М	Т	w	Т	F	S		
				1	2	3		
4	5	6	7	8	9	10		
11	12	13	14	15	16	17		
18	19	20	21	22	23	24		
25	26	27	28	29	30	31		

FEBRUARY 2026								
S	M	Т	w	Т	F	S		
1	2	3	4	5	6	7		
8	9	10	11	12	13	14		
15	16	17	18	19	20	21		
22	23	24	25	26	27	28		

		MA	RCH 2	026		
S	M	Т	w	Т	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
l						

APRIL 2026								
S	М	Т	w	Т	F	S		
			1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28	29	30				

MAY 2026								
s	М	Т	w	Т	F	S		
					1	2		
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		
31								

JUNE 2026									
S	М	Т	w	Т	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	'						

JULY 2026								
S	М	Т	w	Т	F	S		
Ι.			1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28	29	30	31			
Ι ΄						.		

AUGUST 2026									
S	M	Т	W	Т	F	S			
Ι.						1			
2	3	4	5	6	7	8			
9	10	11	12	13	14	15			
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30	31								

SEPTEMBER 2026										
S	М	Т	w	Т	F	S				
Ι.	_	1	2	3	4	5				
6	7	8	9	10	11	12				
13	14	15	16	17	18	19				
20	21	22	23	24	25	26				
27	28	29	30							
l										

Sep 1: Labour Day

Sep 2: School Planned Non-Instructional Day (no school for students)

Sep 3: Back to school (1/2 day for students)

Sep 30: National Day of Truth and Reconciliation

Oct 13: Thanksgiving

Oct 24: Provincial Pro-D (no school for students)

Nov 5,6: Early Dismissal (to facilitate Parent Teacher Interviews)

Nov 11: Remembrance Day

Nov 28: District Planned Non-Instructional Day - Indigenous Focus (no school for students)

Professional, District, Ministry, Non Instructional Days - No School

Dec 22-Jan 2: Winter Break

Jan 5: Students back from Winter Break

Jan 30: District Planned Non-Instructional Day (no school for students)

Feb 16: BC Family Day

Mar 16-27: Spring Break Apr 3: Good Friday

Apr 6: Easter Monday

Apr 24: Regional Pro-D (no school for students)

May 18: Victoria Day

Jun 1: School Planned Non-instructional Day (no school for students)

Jun 24: Last Day for students

Jun 25: Administrative Day (no school for students)

Homework Support

Struggling to help your kids with homework?

Not sure how to do math the NEW way?

WE CAN HELP YOU HELP YOUR KIDS

my teacher said

to do it!

We Offer

Subject Refreshers

Useful Strategies

Customized Help

To Parents & Caregivers

Email:

info@literacyquesnel.ca



Socials Science ???

Math



May 2025

Dear students, parents, and guardians,

Northern Health will be sending letters this month about missing immunization information for school-aged children. These letters will show which vaccines each student has received, which ones are overdue, and which will be due in the next two years. Students can catch up on missing vaccines and update their records.

Students who go to school in-person or are home-schooled will receive these letters. Letters won't be sent to students who are up to date with their vaccines or to students in grades K, 1-3, 6, or 9, as their records were checked earlier this year. Students at First Nation Schools also won't get these letters.

If you do not receive a letter and are unsure about your child's immunization status, you can access immunization records at Health Gateway.

The goal of these letters is to:

- Help students catch up on missed vaccines to protect them from diseases.
- Keep immunization records up to date in the provincial registry (Panorama) for better service and quick response in case of disease outbreaks.

Please watch for this letter. You can find more information on Northern Health's Vaccine Status Reporting Regulation (VSRR) webpage.

Sincerely,

Dr. Jong Kim, MD, MSc, FRCPC Chief Medical Health Officer Northern Health

HealthLinkBC:



BC Health Gateway:



VSRR:



PAC NEWS



Who Makes Up the PAC?

President: Melissa Bailey

Vice President & Treasurer: Erin Hoff-

man

Secretary & Fundraising Coordinator:

Katie Kravstov

Hot Lunch Coordinator: Jade Lillow

Hot Lunch Server & PAC Supporter :

To Stay updated on future events & more, follow the Facebook Page called:

"Bouchie Lake Elementary School"

PAC Meetings are every 3rd Wednesday of the month @ 3:30 PM in the Library

Next meeting is June 11, 2025 @ 3:30pm

- * Thank you to everyone who participated in the Northern Flowers Fundraiser, we made \$500.00 for the school and the plants were gorgeous!
- * We have finalized new sports jerseys, colours and designs. They will be ready for our 2025-2026 year! Over 40 new jerseys for the school!
- * We are looking for volunteers for the summer fun day, June 23rd. In search of people who are semi-talented at face painting. Can help scoop ice cream and serve food.
- * Free PAC Pizza Day June 19th for the whole school
- * Fathers Day BBQ boxes fundraiser coming May 30th-June 6th. Pick up at the school June 13th. (Last fundraiser for the year!)
- * Executive positions elections were in May, Everything stayed the same!

Have a great summer!

Bouchie Lake Elementary



Monthly Reminders

Hot Weather: It is now summer, so please dress your child(ren) for the appropriate weather: Sunscreen, rainboots, jackets, hats, etc

It is helpful if names are on boots, coats, and other clothing items. Please ensure your child (ren) are provided with extra pairs of pants, and socks, mittens for the wetter days.

ATTENTION PARENTS AND VISITORS: Our doors are open between 8:00am and 3:30pm but all parents and visitors are asked to report to and sign in at, the office when they come to the school. It is important for safety reasons that we know who is in the school at all times, students must be checked out if they are leaving early.

DISTRICT LUNCH PROGRAM: The District Lunch Program is available for students in families experiencing financial hardship. Please come to the office and fill out a form if you wish your child to be on the district lunch program.

BREAKFAST CLUB: The Bouchie Lake Breakfast Club is available in the Gym between 7:30 am and 8am. All students are welcome!! We encourage students to be here at 7:45am to get something to eat before it's all gone. No sign up required. We accept donations as well!

NEW WEBSITE: Please check out our new website for news about our school! You will find our Events Calendar, Announcements, News Stories, Transportation Information, School Supply lists and much more! https://bouchielake.sd28.bc.ca/

ALLERGIES: Bouchie is nut aware (all nuts). All School District #28 Schools are Scent and Fragrance free Environments.

HEALTH & WELLNESS Reminder to parents/guardians to please do a health check of your student before sending them to school if they are feeling unwell. Please have them stay home to rest and get better before returning to school.

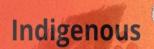
Visit or website for current announcements and upcoming events!

https://bouchielake.sd28.bc.ca/



Indigenous News

Have a Great Summer Break, See you in the Fall!





Saturday June 21st, 2025 Lhtako Dene Park 10am-2pm

Ioin us for a day of celebrating local

Food Games **Dancers** Drummers **Cultural Vendors** Indigenous Culture Cultural Displays



Brought to you by the Quesnel Tillicum Society Native Friendship Centre and their generous Community Partners

Indigenous Vendors, please contact Bailey

Organizations wishing to contribute a family oriented activity, please contact Ashley

Dahooja:

I'm hoping to share an Indigenous traditional recipe every month. If you would like to share your home recipes, please send them to the school. See recipe on page 11. Thank you,

Jody Baxter, IES

Indigenous



People's

Day Saturday June 21st, 2025 Lhtako Dene Park 10am-2pm

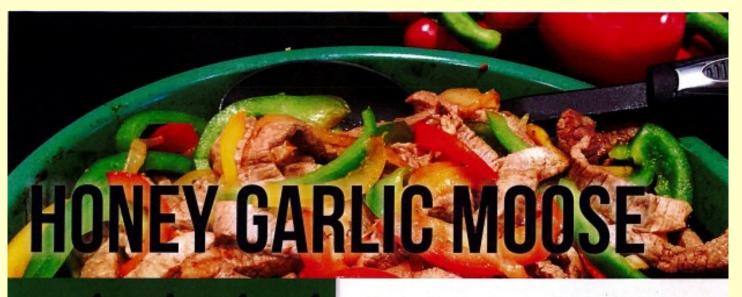
We are looking for VOLUNTEERS
Set up/Tear down 9am and 2pm
Please Contact Dina: 250-992-8200 Ext.8 or 250-255-4868



Brought to you by the Quesnel Tillicum Society Native Friendship Centre and their generous Community Partners

Indigenous Vendors, please contact Bailey @250-992-8347

Organizations wishing to contribute a family oriented activity, please contact Ashley @250-992-8858











INGREDIENTS:

- I tbsp (15 ml) vegetable oil
- 2 lbs (1 kg) moose meat, well-trimmed of sinew and cut into slices
- I large onion, sliced
- I large green pepper, sliced
- I small red pepper, sliced
- I small yellow pepper sliced
- 2 cloves garlic, finely diced
- ¼ cup (60 ml) honey
- Salt and pepper to taste

You can substitute beef or caribou for moose in this recipe.

Recipe by: Liz Boyer

Liz is from Batchewana First Nation. She has been married 42 years and has worked at the band office about this long. She is the mother of four children, two sons and two daughters, however, her one daughter, and one son have passed away. She loves cooking and offers a sit-down, family supper every Sunday. Her family's favourite recipe is honey garlic moose with wild rice and corn.

Some adaptations have been made to the original recipe.

METHOD:

- In a large frying pan, fry the onions on medium heat until soft. Stir frequently.
- Remove from the pan. In the same pan, fry the moose meat and garlic until the moose meat is browned on all sides.
- Add in the cooked onions and peppers.
- Continue cooking until the peppers have reached the level of preferred crispness.
- Stir in the honey and turn off the heat. Taste the sauce and add more honey if necessary. Season with salt and pepper to taste.







© Dietitians of Canada 2016, www.dietitians.ca/IndigenousRecipes All rights reserved. May be reproduced for educational turboses.

School Bus Information

Moving, Changing schools, Missing a bus pass?

Please contact the bus garage

250-992-8361 or email

Transportation@sd28.bc.ca

PLEASE keep your bus passes at the end of the year to re-use them for next year!



Bus Safety & Rules

Remain seated—No standing or moving seats while bus is in motion

- Pick up your food garbage before exiting bus
- Foul Language is not allowed
- · Keep your hands to your self

Remember riding the bus is a privilege, not a right

When the weather turns, SD28 works to ensure the safety of all our students and staff. Please review our policies and procedures:

Policy 535 - When buses will be cancelled

Procedure 535 - What we will do when buses are cancelled

Procedures 535A - Cold weather Notice, information for parents

Have a Great Summer Vacation!

Check Out the local Activities for students this summer on pages 9-15



EUROPEAN FOOTBALL SCHOOL

SOCCER CAMP TO DEPRING HILLY 30-AUG 1, 2025

U6-U18 DIVDIED INTO 2 SESSIONS

OUTDOOR- QUESNEL YOUTH SOCCER ASSOCIATION All skil levels welcome!

REGISTER HERE

SCHEDULE

KIDS WILL BE DIVIDED INTO 2 CROUPS BASED ON AGE AND NUMBERS. THE YOUNGER KIDS IN GROUP 1 OLDER KIDS IN GROUP 2.

WEDNESDAY JULY 30TH: GROUP 1:9:00AM - 10:30AM & 4:30PM-6:00PM GROUP 2: 10:30-12:00 & 6:00-7:30

THURSDAY JULY 31ST: GROUP 1: 9:00AM - 10:30AM & 4:30PM-6:00PM GROUP 2: 10:30AM - 12:00PM & 6:00PM - 7:30PM

FRIDAY AUG 1ST: GROUP 1: 9:00AM -10:30AM GROUP 2: 10:30AM - 12:00PM



ALSO SEE OPTION TO JOIN WILLIAMS LAKE CAMP AS WEL AT A DISCOUNTED RATE!

MORE INFORMATION:

https://europeanfootballschool.com







Arts and Recreation Centre - Spring/Summer 2025

Imagination Park Summer Camps



THEME WEEKS – MONDAY THRU THURSDAY

We have an exciting lineup of camps designed to inspire and engage children ages Kindergarten to 12 years. Our program will run Monday through Thursday, June 30 – August 28 from 9:00am to 3:30pm. Each week features a unique theme, culminating in our highly anticipated Special Event Fridays from 10:00am to 2:00pm. We can't wait to see your child this summer for a season filled with fun, creativity, and unforgettable memories!

Start and end the camp day with fun! Get active with games and sports, be creative with arts and crafts and enjoy some quiet time for reading too. Meet new friends when you join our Pre and Post-Care program – available Monday through Thursday. Pre-care is from 8:00am – 9:00am and post-care is from 3:30pm – 5:00pm. An additional fee (\$5.00) for these care programs is required and can be added on when registering or after the fact.



IMAGINATION PARK FULL SUMMER CAMP

This program features an exciting lineup of all nine theme weeks and eight special event Fridays, providing a rich and engaging experience for your child Enroll in this complete package and enjoy a 10% savings—a fantastic value for a summer filled with adventure and fun!

Full program fee is \$1406.00/\$1757.95.

Add unlimited pre and post-care for all nine-theme weeks (Monday-Thursday) for an additional \$170.

Add 8 Friday swimming lessons from 9:00am-9:45am for an additional cost of **842**.

19322 MON-THU

JUN 30 - AUG 28 JUL 4 - AUG 22 9:00AM-3:30PM 10:00AM-2:00PM

THROUGH THE AGES | WEEK 1

Join us for an exciting week as we travel through time and embark on an unforgettable adventure! Throughout the week campers will explore different eras, from the prehistoric age to the future, experiencing the fascinating history and culture of each period. Campers will have the opportunity to create their own time capsules and share stories of what they imagine the future will hold.

19323 M-W-TH JUN 30, JUL 2, 3 9:00AM-3:30PM \$111.35/\$139.20

PERCY JACKSON | WEEK 2

Get ready for a once in a lifetime journey at our Percy Jackson Camp! Pack your curiosity passports as we set out on an adrenaline-fueled journey inspired by the thrilling world of Greek mythology. Campers will dive into exciting activities like capture the flag, crafting clay Greek monsters, and embarking on epic quests that will test their bravery and teamwork. Join us for a magical experience that brings the pages of Percy Jackson to life!

9324 MON-THU JUL 7-10 9:00AM-3:30PM \$148.50/\$185.65



Arts and Recreation Centre - Spring/Summer 2025 Youth/Teen Safety Activities



BABYSITTER COURSE | Ages 11-15yrs

This course offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a various age groups and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families. In order to complete this program participants must have 100% attendance. Participants are welcome to a free swim after the course.

 19979
 FRI
 APR 11
 9:00AM-4:00PM
 \$64.10/\$80.10

 19980
 THUR
 JUL 8
 9:00AM-4:00PM
 \$64.10/\$80.10

 19981
 WED
 AUG 20
 9:00AM-4:00PM
 \$64.10/\$80.10



HOME ALONE PROGRAM | Ages 9yrs+

The Home Alone Program is designed to provide children with the necessary skills and knowledge to be safe and responsible when home alone for limited periods of time. It will help them understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied. The program focuses on small group discussions, problem solving, role-playing and instructor demonstrations. Included in the course will be basic first aid and a cyber-safety/fire safety component led by a member of the RCMP and Fire Department. Please bring lunch and two snacks. Participants are welcome to a free swim after the course.

19982 FRI JUN 6 9:00AM - 4:00PM \$64.10/\$80.10 19983 FRI JUL 4 9:00AM - 4:00PM \$64.10/\$80.10 19984 THUR AUG 21 9:00AM - 4:00PM \$64.10/\$80.10

